

Garlic Paste for Pneumonia

by Dr. Christopher

I remember one time we were called out to a house in the wee hours of the morning. This call was to see a little boy, under the age of two years, that had double pneumonia. The physician on the case had informed the parents that nothing more could be done and he would come back in the morning to sign the child's death certificate. Seeing as it was well under forty degrees below zero and nearly fifty miles from ambulance service, the parents were told that the boy, if taken by car to a hospital, would surely die.

These parents tried to get other doctors, but at that time of night, and in such a remote area, no one would offer help. A friend told them about us, then living in Evanston, Wyoming, and to try to call us. Having been told of the boy's condition we went expecting to give him the cold-sheet treatment. Upon arriving there we found that the plumbing was frozen and there was not running water in the house. We found enough in the toilet tank above the bowl to give the little chap an enema.

We were not able to give the cold sheet treatment (no water) so only the garlic paste was made up and applied. This was done after a complete massage of the body and the feet. After oiling the feet up to the ankles, thoroughly, and massaging the olive oil in well, a half-inch thickness of the garlic paste was applied to the soles of his feet. (This is put on only the soles and not up onto the sides). Then gauze was placed over to cover the paste, bandages to hold it into place, and a loose white cotton sock was pulled over the bandages to hold them securely.

Garlic paste is made by taking freshly peeled buttons of

garlic and garlic about half and half with Vaseline. This amount can vary, according to the toughness of the feet, more Vaseline for tender feet, less for thicker skin. Many of the health minded readers will be shocked by our using a low-vibration ointment like Vaseline instead of using anhydrous lanolin or some lighter more organic type.

The reasoning for this is that the lighter type ointments will penetrate more quickly into the skin, but the Vaseline will hold the garlic on the ointment form. This will also keep the garlic from blistering as easily. (A garlic blister looks bad, but does not hurt and heals back quickly.)

The little boy was running an extremely high fever and was delirious when he was covered and put back into bed. (This was well after 2:00 a.m.) We assured the parents the child would be all right and would get well.

A few days later we were called again by these parents. They told us that the doctor came back to sign the death certificate that next morning, but the little boy was sitting in his high chair, drinking some juice and breathing normally as if nothing had happened the night before. The doctor became so angry and demanded to know the name of the other doctor who had taken over the case before it had been released by him. He wanted a hearing by "the board" to have the other doctor thrown out of practice for going "against procedure" by taking over a case without written release. The parents asked if his "release" was the death of their child? He probably changed his mind because we were not brought before a hearing.

A Little About Garlic

The garlic clove contains a very high amount of sulphur; sulphur is one of the best minerals to be used as an oxygen carrier. Oxygen is the breath of life and sulphur will carry the oxygen in the body directly to the infected area. Germs cannot live in a good supply of oxygen, therefore, the infection is cleared quickly. This is an organic wonder, so garlic may be termed 'a wonder herb'.

Medical science discovered that sulphur caused this rapid healing, so in World War II, flowers of sulphur (an inorganic mined-mineral) was substituted for the garlic. The army used sulfa for practically every ailment from "falling hair to fallen arches." Wonderful results were reported to us and we were told to use it in ever increasing amounts.

The difference between garlic and the inorganic, manmade remedies is that garlic does its job and the excess of the organic materials not being used in healing the infection is easily passed as harmless vegetable fiber from the body. No harm and certainly nothing but good could result from using this powerful, yet harmless, herb. But, with the man-made sulfa drug we used, (this 'wonder drug' healing for the infection), the inorganic flowers of sulphur remained in the body. This inorganic mineral eventually combined with the urine and formed a substance that cut up the urinary tract, causing bed wetters. Many soldiers and other servicemen were given medical discharges, because of "bed wetting". This habit was acquired while in the service after the use of sulfa drugs. It is a well-known fact that too much sulfa drug has also caused other problems. The sulphur in the garlic will assist in healing the urinary tract after its infection-clearing job, instead of damaging it.