

Tahini Tofu Terrine

By Eerainuh

Ingredients

- 1 block of organic firm tofu (300gr)
- 1 tbsp nutritional yeast
- 1 tbsp vegetable stock powder
- ¼ tsp black salt
- 1 tbsp Tahini
- 1 clove of garlic, minced (or more, taste as you go)
- ½ cup almond milk
- ½ cup water
- 8 tsp agar agar powder

<u>To do</u>

- 1. In your food processor, blend the tofu, yeast, stock powder, salt, Tahini and garlic
- 2. while blending, pour in oil
- 3. Taste! At this point you can easily tweak flavors. Add herbs or spices, salt, pepper to taste
- 4. Pour the milk and water into a small sauce pan, and add agar agar powder. (Have your plastic or silicon containers ready for the next step).
- 5. Heat liquid, and as soon as you see it thicken, add to the tofu mixture to the running machine
- 6. Blend well and pour in containers
- 7. Gently drop the containers on your bench top to make the mixture fill them up neatly
- 8. Place in fridge and give a few hours to solidify nicely, and then pop out of mould. Eat on toast or with crackers, or use in salads.

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