

Fight Colds and Flu Naturally:



1st Line of Defense:

Monolaurin:

Anti-viral, Anti-bacterial

Adults: 3-5 Capsules/Day for 3-5 Days

Children: 2-3 Capsules/Day for 3-5 Days

2nd Line of Defense:

Unda Products:

Unda #5 Immune Stimulator: take 10 drops 3 times per day

Unda #37 Antibacterial/ Antiviral: take 10 drops 3 times per day

Unda #312 Throat: take 10 drops 3 times per day

Unda #710 Upper Respiratory/ Sinus: take 10 drops 3 times per day

Unda #15 Fever: take 5 drops per day/ 3 times per day

Herbal Formulas:

Upper Respiratory/Sinus: Monolaurin, Unda #5, Unda #37 & Unda #312

Fever: Unda #5, Unda #15 & Unda #37

UTI:

Unda #2, Unda #44 & Unda #45: 10 drops three times daily

Antibiotic/ Ear Infections for Kids:

Goldenseal & Unda #37

Recurrent Colds/ Infections: Thymus Extract, A-potene & Vitamin C, GI protect

Acute Sinus Condition/ Infection:

Sinatrol: take 2-3 capsules 2 x per day

Unda 5,37,710 (10 drops ea, 3 x a day)

Sore Throat Only: Monolaurin: 4 caps twice daily

Unda #5, Unda #37 & Unda #312: 10 drops each three times daily

IgG: 4 caps once daily

Sore Throat with Fever:

Monolaurin: 4 caps twice daily

Unda #5, Unda #15 & Unda #312: 10 drops ea three times daily

IgG: 4 caps once daily

OR

GI Protect 1 teaspoon

GI Infection:

Saccharomyces 3 per day

GI protect ½ teaspoon

Lacto-225 ½ packet