

Think again when considering Antibiotics:

Consider these documented facts and protect yourself and family from chronic disease:

Antibiotics can permanently damage the function of digestion and absorption by disrupting the bacterial balance in the intestinal Tract.

Antibiotics are linked to **increased cancer risk**. Only 5 prescriptions in a 6-year period can increase your risk of **cancer by 37%**

(*Int J* 08;123:2152-2155).

Antibiotics are considered to cause autoimmune diseases such as

Rheumatoid arthritis Article in Annual Review of Microbiology · June 2014, DOI: 10.1146/annurev-micro-091313-103456 · Source: PubMed

Antibiotics can cause **Diabetes, Chronic intestinal disorders and Obesity**

Antibiotics increase your risk for **recurrent infections**

Antibiotics can damage ligaments and increase the risk of **ruptured tendons**

Article in Annual Review of Microbiology · June 2014 DOI: 10.1146/annurev-micro-091313-103456 · Source: PubMed

Antibiotics have been linked to **Anxiety disorders, Chronic fatigue and Depression**

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Antibiotics double your risk for Cervical Arterial dissection (**Stroke**)

Aug 29, 2019 | [Clinical](#)

Pediatric usage of antibiotics can cause chronic **Asthma, Allergies and Learning disabilities**

Increased risk of childhood asthma from antibiotic use in early life *Chest* June 2007;131(6):1753-9
Kozyrskyj AL, Ernst P, Becker AB.

The Wait and see approach to ear infections; in clinical studies, untreated ear infections recover and similar rates to those treated with antibiotics.

Wait-and-See Prescription for the Treatment of Acute Otitis Media A Randomized Controlled Trial *Journal of the American Medical Association* Vol. 296 No. 10, September 13, 2006, pp. 1235-1241.

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Consider safer options for acute infections with the Balanced Body cold and flu programs www.knowbalance.com – 704 849 9393

